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 THE INTERNET'S PREMIER FAT LOSS SUPPORT COMMUNITY

## BURN THE FAT 50-DAY COUNTDOWN CALENDAR (1.0)

<b>Week 1</b>	<b>Day -50</b> / /	<b>Day -49</b> / /	<b>Day -48</b> / /	<b>Day -47</b> / /	<b>Day -46</b> / /	<b>Day -45</b> / /	<b>Day -44</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 2</b>	<b>Day -43</b> / /	<b>Day -42</b> / /	<b>Day -41</b> / /	<b>Day -40</b> / /	<b>Day -39</b> / /	<b>Day -38</b> / /	<b>Day -37</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 3</b>	<b>Day -36</b> / /	<b>Day -35</b> / /	<b>Day -34</b> / /	<b>Day -33</b> / /	<b>Day -32</b> / /	<b>Day -31</b> / /	<b>Day -30</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 4</b>	<b>Day -29</b> / /	<b>Day -28</b> / /	<b>Day -27</b> / /	<b>Day -26</b> / /	<b>Day -25</b> / /	<b>Day -24</b> / /	<b>Day -23</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 5</b>	<b>Day -22</b> / /	<b>Day -21</b> / /	<b>Day -20</b> / /	<b>Day -19</b> / /	<b>Day -18</b> / /	<b>Day -17</b> / /	<b>Day -16</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 6</b>	<b>Day -15</b> / /	<b>Day -14</b> / /	<b>Day -13</b> / /	<b>Day -12</b> / /	<b>Day -11</b> / /	<b>Day -10</b> / /	<b>Day -9</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 7</b>	<b>Day -8</b> / /	<b>Day -7</b> / /	<b>Day -6</b> / /	<b>Day -5</b> / /	<b>Day -4</b> / /	<b>Day -3</b> / /	<b>Day -2</b> / /
	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____	Streak_____
<b>Week 8</b>	<b>Day -1</b> / /						
	Streak_____	ZERO HOUR					